



V BAY AREA VEGETARIANS ULTIMATE GUIDE

World famous for the Golden Gate Bridge, San Francisco is also popular for its 29 vegan and vegetarian restaurants. With 124 vegetarian and vegan restaurants in the broader SF Bay Area (384 if you include the vegetarian friendly), you can eat veg-style with compassion and diversity from African to Chinese to Japanese to Thai... one of the best reasons why so many leave their healthy hearts in San Francisco.

To help you find vegetarian foods and services, check out The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area (UG). UG is an online tool that allows you to search by City, Neighborhood or General Area for vegetarian foods or services. This printed list was created by UG and contains 597 entries. In its complete form, there are over 602 entries for restaurants featuring vegetarian foods or businesses tailored towards vegetarians, with over 1935 customer reviews.

UG is a service provided by Bay Area Vegetarians. Bay Area Vegetarians is a San Francisco Bay Area wide group for vegetarian and animal rights folks to connect and find support with like-minded people. Our activities & events encourage and educate the community on the benefits of a plant-based diet, and our 3 mailing lists support/connect the community. We are a 100% volunteer, plant-powered organization with over 1500 members throughout the Bay Area and the world.

Bay Area Vegetarians hosts about 10-15 events a month, including:

- Monthly restaurant dinners in SF, East Bay, Peninsula, South Bay, & North Bay
- Delicious Vegan Food Parties
- Hikes and camping trips
- Advocacy events including letter writing parties and Street TV
- And other special events throughout the year

Membership is free, and donations from supporters are gratefully accepted. To use UG or learn more about our organization and upcoming events, please visit our website at www.BayAreaVeg.org

Note: Information in this Guide was compiled from members of our community and the public. Please share any updates or additions by contacting us via our website.

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Alameda

Restaurants & Food Vendors -

Central Vegetarian Cuisine (Vegetarian/Vietnamese), 1613 Park Street, (510) 522-3745

Food Stores -

Alameda Natural Grocery, 1650 Park St., (510) 865-1500

Farmers Markets -

Alameda Farmers' Market, Taylor and Webster street, (800) 949-3276 (ma.com/marketdetail.php?market_id=1)

Albany

Restaurants & Food Vendors -

Lanesplitter Pizza (Vegan Friendly/Pizza), 1051 San Pablo Ave, (510) 527-8375

Potala Organic Cafe (Vegan/Tibetan), 1045 San Pablo Ave, (510) 528-2375 (www.potalavegan.com)

Services -

Thauna Abrin, ND, 828 San Pablo Ave. Ste 115 , (510) 282-2104 (www.drthauna.com/07/sg.php?home)

Aptos

Food Stores -

Aptos Natural Foods, 7506 Soquel Dr, (831) 685-3334

Belmont

Restaurants & Food Vendors -

Hobee's (Vegetarian Friendly/Californian), 1101 Shoreway Road, (650) 596-0400 (www.hobees.com)

Farmers Markets -

Belmont Farmers' Market, El Camino Real and O'Neill, (800) 949-3276 (ma.com/marketdetail.php?market_id=2)

Services -

Currysutra, , (650) 759-3559 (www.currysutra.com)

Vegan Sweeties, 501 Old County Rd. Ste. J, (650) 595-9589 (www.vegansweeties.com)

Benicia

Farmers Markets -

Benicia Farmers' Market, First and B streets, (707) 745-9791

Berkeley

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Restaurants & Food Vendors -

Amanda's (Vegetarian Friendly/Burgers), 2122 Shattuck Avenue, (510) 548-2122 (www.amandas.com)
Bobby G's Pizzeria (Vegan Friendly/Pizza), 2072 University Avenue, 510-665-8866 (www.bobbygspizzeria.com)
Cafe Gratitude (Vegan/Raw), 1730 Shattuck Ave, (415) 824 4652 (www.cafegratitude.com)
Cafe Valparaiso (Vegetarian Friendly/Latin/South American), 3105 Shattuck Ave, (510) 841-3800
Cha-Ya (Vegan/Japanese/Sushi), 1686 Shattuck Ave, (510) 981-1213
Chick-O-Peas - The Falafel Place (Vegetarian/Mediterranean), 1926 Shattuck Ave., (510) 504-8880 (chickopeas.com)
Cinnaholic (Vegan/Bakery/Dessert), 2132 Oxford Street, (510) 647-8684 (www.cinnaholic.com)
Ethiopia Restaurant (Vegan Friendly/Ethiopian), 2955 Telegraph, (510) 843-1992 (www.ethiopiarestaurant.com)
Flacos (Vegan/Mexican), 3031 Adeline St, (510) 981-8081 (www.flacos.com)
Gather (Vegan Friendly/Californian), 2200 Oxford, (510) 809-0400 (www.gatherrestaurant.com)
Gelateria Naia (Vegetarian/Bakery/Dessert), 2106 Shattuck Avenue, (510) 883-1568 (www.gelateriaia.com)
Green Earth Cafe & Bakery (Vegan/Tibetan), 2124 Center St, (510) 981-8404 (greenearthcafeandbakery.com)
Herbivore (Vegan/Californian), 2451 Shattuck Ave., (510) 665-1675 (www.herbivoreresaurant.com)
Karma Kitchen (Vegetarian/Nepalese), 1700 Shattuck Ave, (karmakitchen.org)
La Cascada (Vegan Friendly/Mexican), 2164 Center St, (510) 704-8688
La Cascada (Vegan Friendly/Mexican), 2975 College Ave., 510.704.1789 510.70
Lanesplitter Pizza & Pub (Vegan Friendly/Pizza), 2033 San Pablo Ave, (510) 845-1652 (www.lanesplitterpizza.com)
Long Life Vegi House (Vegetarian Friendly/Chinese), 2129 University Ave., (510) 845-6072
Maoz Vegetarian (Vegetarian/Middle Eastern), 2395 Telegraph, (510) 356-4090 (www.maozusa.com)
May Flower (Vegan Friendly/Chinese), 2156 University Ave, (510) 883-9788
Nabolom Bakery (Vegetarian/Bakery/Dessert), 2708 Russell St, (510) 845-BAKE (www.nabolom.com)
Nature's Express (Vegan), 1823 Solano Ave, (510) 527-5331
Picante (Vegan Friendly/Mexican), 1328 6th St, (510) 525-3121 (www.picante.biz)
Punjabi By Nature (Vegan Friendly/Indian), 2136 Oxford St. , (510) 849-0149
Raw Energy Organic Juice Cafe (Vegan/Juice Bar), 2050 Addison St, (510) 665-9464 (www.rawenergy.net/index.html)
Razan's Organic Kitchen (Vegetarian Friendly/Eclectic/Fusion), 2119 Kittredge St, (510) 486-0449
Saturn Cafe (Vegetarian/Californian), 2175 Allston Way, (510) 845-8505 (www.saturncafe.com)
Smart Alec's Intelligent Food (Vegetarian Friendly/Burgers), 2355 Telegraph Ave, (510) 704-4000
Taste of the Himalayas (Vegan Friendly/Nepalese), 1700 Shattuck ave suite A, (510) 849-4983 (www.tasteofthehimalayas.com)
Thai Delight (Vegan Friendly), 1700 Shattuck Ave, (510) 549-0611 (www.themenupage.com/thaidelight)
The Juice Bar Collective (Vegetarian Friendly/Californian), 2114 Vine St., (510) 548-8473 (thejuicebar.org)
Udupi Palace (Vegetarian/Indian), 1901 University Ave., (510) 843-6600 (www.udupipalaceca.com)
Vegi Food (Vegan/Chinese), 2085 Vine Street, (510) 548-5244 (vegifood.webs.com)

Food Stores -

Berkeley Bowl, 2020 Oregon St, (510) 843-6929 (www.berkeleybowl.com)
Berkeley Bowl West, 920 Heinz Ave., (510) 898-9555 (www.berkeleybowl.com)
Berkeley Natural Grocery, 1336 Gilman Street, (510) 526-2456 (www.naturalgrocery.com)
Produce Center, 1500 Shattuck Ave, (510) 848-8100
Trader Joe's, 1885 University Ave, (510) 204-9074 (www.traderjoes.com)
Whole Foods Market, 3000 Telegraph Ave, (510) 649-1333 (www.wholefoodsmarket.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Farmers Markets -

Berkeley Farmers' Market (Saturday), Center Street and Martin Luther King Way, (510) 548-3333
(www.ecologycenter.org/bfm)

Berkeley Farmers' Market (Thursday), Shattuck Avenue and Rose Street, (510) 548-3333 (www.ecologycenter.org/bfm)

Berkeley Farmers' Market (Tuesday), Derby Street and Martin Luther King Way, (510) 548-3333
(www.ecologycenter.org/bfm)

Services -

Body Technician, Shattuck Ave & Cedar St, (510) 548-2594 (www.bodytechnician.com)

Karine Brighten Events, , (510) 725-7252 (kbrightenevents.com)

Catering Companies -

Back to Earth, P.O. Box 10104, (510) 652-2000 (www.organiccatering.com)

Tante's, 2234 Roosevelt Ave.,

Boulder Creek

Food Stores -

New Leaf Market, 13159 Highway 9, (831) 338-7211 (www.newleaf.com)

Burlingame

Restaurants & Food Vendors -

Crepevine (Vegetarian Friendly/Californian), 1310 Burlingame Ave, (650) 344-1310

Mingalaba (Vegan Friendly/Burmese), 1213 Burlingame Ave, (650) 343-3228 (www.mingalabarestaurant.com)

Que seRaw seRaw (Vegan/Raw), 1160 Capuchino Avenue, (650) 400-8590 (www.QueSeRawSeRaw.com)

Food Stores -

Earthbeam Natural Foods, 1399 Broadway, (650) 347-2058 (www.earthbeamfoods.com)

Whole Life-Nature's Cupboard, 1314 Burlingame Ave, (650) 344-6279

Catering Companies -

Bewitching Elegance at Preston's Candy, 1170 Broadway, (510) 469-6976 (www.bewitchingelegance.com)

Campbell

Restaurants & Food Vendors -

Hobee's (Vegetarian Friendly/Californian), 1875 S. Bascom Ave., Unit 190, (408) 369 - 0575 (www.hobees.com)

Psycho Donuts (Vegetarian Friendly/Bakery/Dessert), 2006 S. Winchester Blvd, (408) 378-4540
(www.psycho-donuts.com/index.html)

Food Stores -

Trader Joe's, 1875 Bascom Ave, (408) 369-7823 (traderjoes.com)

Whole Foods Market, 1690 S Bascom Ave, (408) 371-5000 (www.wholefoods.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Catering Companies -

Lazeez Dinners, , (408) 655-8701 (www.lazeezdinners.com)

Capitola

Restaurants & Food Vendors -

Cafe Energy (Vegetarian/Juice Bar), 1100 41st Ave, (831) 475-4910 (www.veggiesmoothy.com)

Chill Out Cafe (Vegan Friendly/Californian), 860 41st Ave, (831) 477-0543

Dharma's Natural Foods (Vegetarian/Californian), 4250 Capitola Rd, (831) 462-1717 (www.dharmaland.com)

Food Stores -

New Leaf Market, 1210 41st Ave, (831) 479-7987 (www.newleaf.com)

Trader Joe's, 3555 Clares St, (831) 464-0115 (traderjoes.com)

Whole Foods Market, 1710 41st Avenue, (831) 464-2900 (wholefoodsmarket.com)

Carmel

Lodging -

Tassajara Zen Mountain Center, 39171 Tassajara Road, (831) 659-2229 (www.sfzc.com)

Colma

Restaurants & Food Vendors -

Fresh Choice (Vegan Friendly/Salad Bar), 4927 Junipero Serra Blvd., (650) 757-7892

(www.freshchoice.com/locations_bayarea.html#colma)

Concord

Restaurants & Food Vendors -

Golden Willow (Vegan Friendly/Chinese), 1848 Willow Pass Road Suite 100, (925) 827-3228

(www.goldenwillowrestaurant.com)

Memo's Cocina Mexican (Vegan Friendly/Mexican), 2118 Mt Diablo Street, (925) 691-6200

The Mediterranean (Vegan Friendly/Mediterranean), 1847 B Willow Pass Road, (925) 825-0608

Food Stores -

Harvest House, 2395 Monument Blvd., (888) 655-0728 (www.harvesthouse.com)

Trader Joe's, 1150 Concord Ave, (925) 689-2990 (www.traderjoes.com)

Trader Joe's, 785 Oak Grove Road, (925) 521-1134 (traderjoes.com)

Cotati

Restaurants & Food Vendors -

Redwood Cafe (Vegan Friendly/Californian), 8240 Old Redwood Hwy, (707) 795-7868

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Cupertino

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly), 10310 S. De Anza Blvd, (408) 252-3333
(www.amicis.com/location_details.asp?id=1&d=Cupertino)

Hobee's (Vegetarian Friendly/Californian), 21267 Stevens Creek Blvd., (408) 255-6010 (www.hobees.com)

Food Stores -

Cupertino Natural Foods, 10255 S De Anza Blvd, (408) 253-1277

Whole Foods Market, 20955 Stevens Creek Blvd, (408) 257-7000 (www.wholefoods.com)

Daly City

Restaurants & Food Vendors -

Una Mas! (Vegan Friendly/Mexican), 307 South Mayfair Ave, (650) 755-1756

Food Stores -

Trader Joe's, 303 Lake Merced Blvd, (650) 756-2192 (www.traderjoes.com)

Danville

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 720 Camino Ramon, Suite 130, (925) 837-9800
(www.amicis.com/location_details.asp?id=2&d=Danville)

High Tech Burrito (Vegan Friendly/Mexican), 202 Sycamore Valley Road W., (www.hightechburrito.com)

Food Stores -

Trader Joe's, 99 Danville Sq, (925) 838-5757 (traderjoes.com)

Davis

Restaurants & Food Vendors -

Farmer's Kitchen Cafe (Vegan Friendly/Californian), 620 4th St, (530) 756-1862 (www.naturalfoodworks.com)

Dublin

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 4640 Tassajara Road, (925) 875-1600
(www.amicis.com/location_details.asp?id=3&d=Dublin)

Royal Indian Cuisine (Vegetarian Friendly/Indian), 7467 Village Pkwy, (925) 556-0880

El Cerrito

Restaurants & Food Vendors -

The Cerrito Speakeasy Theater (Vegan Friendly/Pizza), 10070 San Pablo Ave., (510) 848-1994
(www.cerritospeakeasy.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

El Cerrito Natural Grocery, 10367 San Pablo Ave, (510) 526-1155
Trader Joe's, 225 El Cerrito Plaza, (510) 524-7609 (traderjoes.com)

El Sobrante

Retail Stores -

Wild Bryde Jewelry, 3742 San Pablo Dam Rd, 800-869-9462 (www.wildbryde.com)

Emeryville

Food Stores -

Trader Joe's, 5700 Christie Avenue, (510) 658-8091 (www.traderjoes.com)

Fair Oaks

Restaurants & Food Vendors -

Sunflower Natural Food Restaurant (Vegetarian/Californian), 10344 Fair Oaks Blvd, (916) 967-4331

Food Stores -

Trader Joe's, 5309 Sunrise Blvd, (916) 863-1744 (traderjoes.com)

Fairfax

Restaurants & Food Vendors -

Cafe Lotus (Vegan Friendly/Indian), 1912 Sir Francis Drake Blvd, (415) 457-7836 (cafelotusfairfax.com)

Fair Fix Cafe (Vegan Friendly/Cafe), 33 Broadway, (415) 459-6404

Lydia's Kitchen Cafe (Vegan/Californian), 31 Bolinas Rd., (415) 258.9866 (www.lydiaslovinfoods.com)

Food Stores -

Good Earth Natural Foods, 1966 Sir Francis Drake Boulevard, 415-454-0123 (www.goodearthnaturalfoods.net)

Felton

Food Stores -

New Leaf Market, 6240 Highway 9, (831) 335-7322 (www.newleaf.com)

Catering Companies -

Conscious Eating Cuisine, 270 Moon Meadow Lane,

Fort Bragg

Restaurants & Food Vendors -

Living Light Cuisine ToGo (Vegan/Raw), 301 North Main Street, (800) 816-2319 (www.rawfoodchef.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Foster City

Restaurants & Food Vendors -

Basil Cha Cha Vegetarian Bistro (Vegetarian/Thai), 1457 Beach Park Blvd., (650) 349-7890 (www.basilchacha.com)

Fremont

Restaurants & Food Vendors -

Amia Bakery (Vegan Friendly/Bakery/Dessert), 39095 Fremont Hub, (510) 793-8808

Chaat Bhavan (Vegetarian/Indian), 5355 Mowry Ave, (510) 795-1100 (www.chaatbhavan.com)

Krishna Restaurant (Vegetarian/Indian), 40645 Fremont Blvd #1, (510) 656-2336

Food Stores -

Trader Joe's, 39324 Argonaut Way, (510) 794-1386 (traderjoes.com)

Galt

Animal Sanctuaries -

Performing Animal Welfare Society, 11435 Simmerhorn Road, (209) 745-2606 (www.pawsweb.org)

Guerneville

Food Stores -

Food For Humans, 16385 1st St, (707) 869-3612

Services -

Kay Evans Editing, , (707) 865-9845

Half Moon Bay

Restaurants & Food Vendors -

Chez Shea (Vegan Friendly/Eclectic/Fusion), 408 Main Street, (650) 560-9234 (www.chez-shea.com/index.html)

Spanish Town Restaurant (Vegan Friendly/Mexican), 515 Church Street, (650) 726-7357

Food Stores -

New Leaf Market, 150 San Mateo Rd, (650) 726-3110 (www.newleaf.com)

Hayward

Restaurants & Food Vendors -

Buffalo Bills (Vegan Friendly/Pizza), 1082 B Street, (510) 886-9823 (www.buffalobillsbrewery.com)

Pot Pie Paradise & Deli (Vegan Friendly/Deli/Sandwich), 3522 Arden Road, (510) 781-4994 (www.potpieparadise.com)

Thai Garden Restaurant (Vegan Friendly/Thai), 20955 Mission Blvd., (510) 278-4224 (www.thaigardenonline.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Healdsburg

Restaurants & Food Vendors -

Cafe Gratitude (Vegan/Raw), 206 Healdsburg Ave, (707) 723-4461 (www.cafegratitude.com)

Catering Companies -

Essence of Greens, 409 B Harmon St., (707) 431-7292 (www.essenceofgreens.com)

Lafayette

Food Stores -

Open Sesame Specialty Foods, 983 Moraga Road, (925) 283-2207

Trader Joe's, 3649 Mt. Diablo Blvd, (925) 299-9344 (traderjoes.com)

Lagunitas

Publications -

Bay Area Naturally, 7822 Sir Francis Drake Blvd, 800.486.4794 (www.naturalpages.com/ba.html)

Lakeport

Restaurants & Food Vendors -

Nature's Bounty Vegetarian Restaurant & Kitchen Shoppe (Vegan/Deli/Sandwich), 495 N. Main Street, (707) 263-4575

Livermore

Restaurants & Food Vendors -

Lemon Grass (Vegetarian Friendly/Thai), 2216 1st St., (925) 606-6496 (www.lemongrasslvm.com)

Los Altos

Food Stores -

Trader Joe's, 2310 Homestead Rd, (408) 245-1917 (traderjoes.com)

Whole Foods Market, 4800 El Camino Real, (650) 559-0300 (www.wholefoods.com)

Services -

Positive Massage Therapy, 895 Sherwood Ave, Suite 1, (650) 814-3949 (www.Positive-Massage.com)

Los Gatos

Restaurants & Food Vendors -

High Tech Burrito (Vegan Friendly/Mexican), 790 Blossom Hill Road, (408) 356-5677 (www.hightechburrito.com)

Food Stores -

Trader Joe's, 15466 Los Gatos Blvd, (408) 356-2324 (traderjoes.com)

Whole Foods Market, 15980 Los Gatos Blvd, (408) 358-4434 (www.wholefoods.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Martinez

Food Stores -

Martinez Natural Foods, 708 Ferry St, (925) 228-4747

Mendocino

Restaurants & Food Vendors -

Cafe Beaujolais (Vegan Friendly), 961 Ukiah Street, (707) 937-5614 (www.cafebeaujolais.com)

Lu's Kitchen (Vegetarian/Mexican), 45013 Ukiah St., (707) 937-4939

The Raven's (Vegetarian/Californian), 44850 Comptche Ukiah Rd, (707) 937-5615 (www.stanfordinn.com/ravens.html)

Food Stores -

The Corners of the Mouth Natural Foods, 45015 Ukiah St, (707) 937-5345

Lodging -

The Stanford Inn, 44850 Comptche Ukiah Rd, (800) 331-8884 (www.stanfordinn.com)

Menlo Park

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 880 Santa Cruz Avenue, (650) 329-8888
(www.amicis.com/location_details.asp?id=12&d=Menlo%20Park)

Flea Street Cafe (Vegetarian Friendly/Eclectic/Fusion), 3607 Alameda de las Pulgas, (650) 854-1226

LuLu's on the Alameda (Vegan Friendly/Mexican), 3539 Alameda de las Pulgas, (650) 854-8226
(www.lulusonthealameda.com)

Shiok Singapore Kitchen (Vegan Friendly/Asian (other)), 1137 Chestnut Street, (650) 838-9448 (www.shiokkitchen.com)

Food Stores -

Trader Joe's, 720 Menlo Ave, (650) 323-2134 (www.traderjoes.com)

Mill Valley

Restaurants & Food Vendors -

Avatar's Punjabi Burrito (Vegan Friendly/Indian), 15 Madrona Street, (415) 381-8293

Boo Koo (Vegan Friendly/Asian (other)), 25 Miller Ave, (415) 888-8303 (eatbookoo.com)

Cafe del Soul (Vegan Friendly/Cafe), 247 Shoreline Highway, (415) 388-1852 (www.ourcafedelsoul.com)

Tony Tutto Pizza (Vegetarian/Pizza), 246 E. Blithedale Ave., (415) 383-8646 (www.tonytuttopizza.com)

Food Stores -

Whole Foods Market, 414 Miller Ave., (415) 381.1200 (www.wholefoods.com)

Retail Stores -

Mill Valley Cycleworks, 357 Miller Ave., (415) 388-6774 (millvalleycycleworks.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Millbrae

Restaurants & Food Vendors -

SFO - San Francisco Intl Airport (Vegan Friendly), , (650) 821-5000 (www.flysfo.com)

Food Stores -

Trader Joe's, 765 Broadway Ave, (650) 259-9142 (traderjoes.com)

Milpitas

Restaurants & Food Vendors -

Banana Leaf (Vegetarian Friendly/Mediterranean), 182 Ranch Drive, (408) 719-9811 (www.bananaleaf-usa.com)

Dackao Sandwiches (Vegetarian Friendly/Vietnamese), 75 South Abel St, (408) 946-3668

Green Cafe Vegan Cuisine (Vegan/Asian (other)), 190 Ranch Dr., (408) 263-8098 (www.greencafevegan.com)

Loving Hut (Vegan/Vietnamese), 516 Barber Lane, (408) 943-0250 (www.lovinghut.us)

Milan Sweet Center (Vegetarian/Indian), 296 S Abel St, (408) 946-2525

New India Chaat Cafe (Vegetarian/Indian), 454 South Main St, (408) 945-0900 (www.niccafe.com)

Satya Sweets Ganesh Bhavan (Vegetarian/Indian), 434 South Main St, (408) 263-6600

Tirupathi Bhimas (Vegetarian/Indian), 1208 S. Abel Street, (408) 945-1010 (www.tirupathibhimas.com)

Services -

Let Them Eat Cake! The Allergy-Friendly Patisserie, 45 Sun Song, (408) 940-6887 (www.allergyfriendlypastries.com)

Montara

Restaurants & Food Vendors -

Fog City Pizza and Indian Food (Vegan Friendly/Indian), 1400 Main Street, (650) 728-5672

Mountain View

Restaurants & Food Vendors -

Amarin Thai Cuisine (Vegan Friendly/Thai), 174 Castro St, (650) 988-9323 (www.amarinthaicuisine.com)

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 790 Castro Street, (650) 961-6666

(www.amicis.com/location_details.asp?id=4&d=Mountain%20View)

Chaat Paradise (Vegetarian/Indian), 165 E. El Camino Real, (650) 965-1111 (www.chaatparadise.com)

Garden Fresh (Vegan/Chinese), 1245 W El Camino Real, (650) 254-1688 (www.gardenfresh.us)

Hobee's (Vegetarian Friendly/Californian), 2312 Central Expressway, (650) 968-6050 (www.hobees.com)

Passage To India (Vegetarian Friendly/Indian), 1991 W El Camino Real, (650) 969-9990 (www.passagetointia.net)

Passage To India (Vegetarian Friendly/Indian), 1100 W El Camino Real, (650) 964-5532 (www.passagetointia.net)

Sunny Bowl (Vegan Friendly/Korean), 1477 Plymouth St, (650) 625-0361 (sunnybowl.com)

Food Stores -

Bumblebee Health Foods, 601 Escuela Ave, 650-968-3131

Trader Joe's, 590 Showers Drive, (650) 917-1013 (www.traderjoes.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Services -

COGNEO, 1094 Nilda Ave, (650) 386-6085 (www.cogneo.com)

Murphys

Restaurants & Food Vendors -

Mineral (Vegetarian/Eclectic/Fusion), 419 Main St. Ste. B, (209) 728-9743 (www.mineralrestaurant.com)

Napa

Restaurants & Food Vendors -

First Squeeze Cafe (Vegetarian Friendly/Californian), 1126 1st St, (707) 224-6762

Ubuntu (Vegetarian Friendly/Californian), 1140 Main Street, (707) 251-5656 (www.ubuntunapa.com)

Food Stores -

Trader Joe's, 3654 Bel Aire Plaza, (707) 256-0806 (traderjoes.com)

Whole Foods Market, 3682 Bel Aire Plaza, (707) 224-6300 (lefoodsmarket.com)

Newark

Restaurants & Food Vendors -

Indian Palace (Vegan Friendly/Indian), 5733 Stevenson Blvd, (510) 623-9099

Udupi Palace (Vegetarian/Indian), 5988 Newpark Plaza, (510) 794-8400

Woodlands (Vegetarian/Indian), 39203 Cedar Blvd, (510) 494-9727 (njsgourmet.com)

Novato

Restaurants & Food Vendors -

Anokha Cuisine of India (Vegan Friendly/Indian), 811 Grant Ave, (415) 892-3440 (www.anokharestaurant.com)

Fresh Choice (Vegan Friendly/Salad Bar), 124 Vintage Way, (415) 897-9593 (www.freshchoice.com)

Food Stores -

Trader Joe's, 7514 Redwood Blvd, (415) 898-9359 (traderjoes.com)

Oakland

Restaurants & Food Vendors -

Amba (Vegetarian/Mediterranean), 6464 Moraga Ave, (510) 339-8000 (ambafalafel.com)

Cafe Colucci (Vegan Friendly/Ethiopian), 6427 Telegraph Ave, (510) 601-7999 (www.cafecolucci.com)

Cafe Eritrea D'Afrique (Vegetarian Friendly/Ethiopian), 4069 Telegraph Avenue, (510) 547-4520

Crepevine (Vegetarian Friendly/Californian), 5600 College Ave, (510) 658-2026

Encuentro Café and Wine Bar (Vegetarian/Tapas/Small Plates), 202 2nd St, (510) 832 9463

(www.encuentrooakland.com)

Golden Lotus (Vegan/Vietnamese), 1301 Franklin, (510) 893.0383

Great Wall (Vegan Friendly/Chinese), 6247 College Ave, (510) 658-8458 (greatwalloakland.com)

Lanesplitter Pizza & Pub (Vegan Friendly/Pizza), 4799 Telegraph Ave., (510) 653-5350 (www.lanesplitterpizza.com)

Lanesplitters (Vegan Friendly/Pizza), 536 Lake Park Ave, (510) 893-4001‎

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Mimosa Cafe (Vegetarian Friendly/Californian), 462 Santa Clara Ave, (510) 465-2948
Nan Yang (Vegan Friendly/Burmese), 6048 College Ave., (510) 655-3298
Pepples Donut Farm (Vegan/Cafe), 6037 San Pablo Ave., (www.pepplesdonuts.com)
Pizza Plaza (Vegetarian/Pizza), 6211 Shattuck Ave, (510) 420-1433 (www.veganplaza.com)
Saysetha (Vegetarian Friendly/Thai), 6230 Telegraph Avenue, (510) 653-2837
(www.omartreyes.com/web_saysetha.html)
Scream Sorbet (Vegan/Bakery/Dessert), 5030 Telegraph Ave , (510) 394-5030 (www.screamsorbet.com)
Souley Vegan (Vegan/Southern/Soul), 301 Broadway, (510) 922-1615
The Breakroom Cafe (Vegetarian/Deli/Sandwich), 300 - 13th Street, (510) 836-3864 (www.breakroomcafe.com)

Food Stores -

Farmer Joe's Market, 3501 MacArthur Blvd., (510) 482-8178
Food Mill, 3033 Macarthur Blvd, (510) 482-3848
Food Mill, 255 W. MacArthur Blvd, (510) 595-3633
Lakeshore Natural Foods, 3321 Lakeshore Ave, (510) 452-1079
Layonna Vegetarian, 443 8th St, (510) 763.3168 (www.layonna.com)
Nature's Best Foods, 1431 Jackson St, (510) 451-4504
Trader Joe's, 5727 College Ave, (510) 923-9428 (www.traderjoes.com)
Whole Foods Market, 230 Bay Place, (510) 834-9800 (www.wholefoods.com)

Farmers Markets -

Mandela Farmers Market, 5th and Mandela Pky.,

Retail Stores -

Topps Salon Day Spa, 713 Washington St, (510) 893-2587 (www.toppssalondayspa.com)

Services -

Affordable Animal Care, , (925) 487-4419 (www.AffordableAnimalCare.com)
Cat Sitty, We Doo Doggie, Doo!, Alice Street, (510) 832-0686
Companion Animal Sitting Service, , (510) 452-1094 (www.companionanimalsittingservice.com)
Dalya Massachi/Writing for Nonprofit Success, 678 Thirteenth St, Suite 205, (510) 839-1544 (www.dfmassachi.net)
Funky Tiki LLC Audio Video Media, P.O. Box 11227, (510) 435-3751 (www.funkytiki.com)
Idle Hands Baking Company, 360 Grand Ave. #156, (510) 433-4353
(www.idlehandsbakingcompany.com/Home_Page.html)
NeatFreaky, , (510) 703-4959 (www.NeatFreaky.com)
Three Potato Four, , (510) 251-8599 (www.threepotatofour.com)
Vegan Notary, Mobile Notary-East Bay/Marin, (510) 205-3945

Catering Companies -

Gourmet Revolution Personal Chef Service, , (510) 847-5100 (www.GourmetRevolution.com)
Philip Gelb, Personal Chef and Catering, throughout the bay area, (510) 452 2568 (www.philipgelb.com)
Vegan Local Love Services, , 510-917-0190 (www.localloveservices.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Orland

Animal Sanctuaries -

Farm Sanctuary, PO Box 1065, (530) 865-4617 (www.farmsanctuary.org)

Pacifica

Restaurants & Food Vendors -

Pacifica Thai Cuisine (Vegan Friendly/Thai), 1966 Francisco Blvd, (650) 355-1678

Papa Murphy's Take 'N' Bake Pizza (Vegan Friendly/Pizza), 330 Palmetto Ave., (650) 355-7727
(www.papamurphys.com)

Rainbow Island Restaurant (Vegan Friendly/Thai), 55 Aura Vista, (650) 738-0168

Rock'n Rob's (Vegetarian Friendly/Burgers), 450 Dondee Way # 1, (650) 359-3663

Food Stores -

Pacifica Farmers Market, 450 Manor Plz, (650) 355-0668

Palmetto Organic Grocery Unit #4, 2304 Palmetto Av, (650) 349-3400

Services -

Pacifica Pet Hospital, 4300 Coast Hwy, (650) 359-3685 (www.pacificapet.com)

Reiki With Cheryldickinson.com, Bayview, (650) 359-1956 (www.cheryldickinson.com)

Palo Alto

Restaurants & Food Vendors -

Bangkok Cuisine (Vegan Friendly/Thai), 407 Lytton Ave, (650) 322-6533 (www.amarinthaicuisine.com)

Cafe Brioche (Vegan Friendly/French), 445 S California Avenue, (650) 326-8640
(www.cafebriochepaloalto.com/menu.php)

Calafia Cafe & Market a-Go-Go (Vegan Friendly/Cafe), 855 El Camino Real, (650) 322-9200 (www.calafiapaloalto.com)

Crepevine (Vegetarian Friendly/French), 367 University Avenue, (650) 323-3900

Da Sichuan Bistro (Vegetarian Friendly/Chinese), 3781 El Camino Real, (650) 849-2000

Darbar Indian Cuisine (Vegan Friendly/Indian), 129 Lytton St., (650) 321-6688

Garden Fresh (Vegan/Chinese), 460 Ramona St, (650) 462-9298 (gardenfresh.us)

Hobee's (Vegetarian Friendly/Californian), 4224 El Camino Real, (650) 856-6124 (www.hobees.com)

Hobee's (Vegetarian Friendly/Californian), 67 El Camino Real, (650) 327-4111 (www.hobees.com)

Homma's Brown Rice Sushi (Vegan Friendly/Japanese/Sushi), 2363 Birch, (650) 327-6118

Hunan Garden (Vegetarian Friendly/Chinese), 3345 El Camino Real, (650) 565-8868 (hunangarden.citysearch.com)

Jing Jing Original Szechwan Hunan Gourmet (Vegan Friendly/Chinese), 443 Emerson Street, (650) 328-6885

Kan Zeman (Vegetarian Friendly/Mediterranean), 274 University Ave, (650) 328-5245 (www.kanzeman.com)

Loving Hut (Vegan/Cafe), 165 University Av, (650) 321-5588 (www.lovinghut.us)

Mediterranean Wraps (Vegan Friendly/Middle Eastern), 425 S. California Ave, (650) 321-8189
(www.kanzeman.com/medwraps.htm)

P.F. Chang's China Bistro (Vegan Friendly/Chinese), 900 Stanford Shopping Center, (650) 330-1782
(www.pfchangs.com)

Szechwan Cafe (Vegan Friendly), 406 S California Ave, (650) 327-1688

Vino Locale (Vegetarian Friendly/Wine), 431 Kipling Street, (650) 328-0450 (www.vinolocale.com)

Zao Noodle Bar (Vegan Friendly/Asian Fusion), 261 University Ave, (650) 328-1988 (www.zaonoodle.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

Country Sun Natural Foods, 440 S California Ave, (650) 324-9190 (www.countrysun.com)

Whole Foods Market, 774 Emerson St, (650) 326-8676 (www.wholefoods.com)

Services -

DJPurple.com, 359 Leland Ave, (650) 269-6941 (www.djpurple.com)

Pacific Century Realty, 228 Hamilton Avenue, 1(888)4PC-RLTY (1-888) (www.veggieREELtor.com)

Petaluma

Restaurants & Food Vendors -

Afendi's (Vegan Friendly/Middle Eastern), 299 N McDowell Boulevard, (707) 763-1998 (www.afendisturkishgrill.com)

Aram's Cafe (Vegetarian Friendly/Mediterranean), 131 Kentucky St, (707) 765-9775 (www.arams.com)

Food Stores -

Trader Joe's, 169 N. McDowell Blvd, (707) 769-2782 (traderjoes.com)

Whole Foods, 621 E. Washington Ave., (707) 762-9352 (lefoodsmarket.com)

Pleasant Hill

Restaurants & Food Vendors -

Sweet Tomatoes (Vegetarian Friendly/Californian), 40 A Crescent Dr., (925) 676-8493 (www.sweettomatoes.com)

Services -

Notary In Motion, Contra Costa Blvd, (925) 788-8296

Pleasanton

Restaurants & Food Vendors -

Fresh Choice (Vegan Friendly/Salad Bar), 2453 Stoneridge Mall Rd., (925) 734-8186 (www.freshchoice.com)

Sweet Tomatoes (Vegetarian Friendly), 4501 Hopyard Rd Ste 1, (925) 463-9285 (www.souplantation.com)

Food Stores -

Trader Joe's, 4040 Pimlico #150, (925) 225-3600 (traderjoes.com)

Redwood City

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 226 Redwood Shores Parkway, (650) 654-3333 (www.amicis.com/location_details.asp?id=5&d=Redwood%20Shores)

Bravo! Taqueria (Vegan Friendly/Mexican), 980 Woodside Road, (650) 364-3511 (www.bravotaqueria.com/brtHome.htm)

Suraj Indian Cuisine (Vegetarian Friendly/Indian), 2550 El Camino Real, (650) 369-8899

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

Apple Health Foods, 1011 El Camino Real, (650) 368-3124
Whole Foods Market, 1250 Jefferson Ave, (650) 367-1400 (www.wholefoods.com)
Whole Life Natural Foods, 344 Woodside Plz, (650) 364-4946

Richmond

Restaurants & Food Vendors -

Symphonie (Vegan/Asian (other)), 199 Park Pl, (510) 236-2118

Food Stores -

William's Natural Foods, 12249 San Pablo Ave, (510) 232-1911

Services -

Connie Tritt CPA, 145 Park Place, Suite B, (510) 235-5592

Rohnert Park

Restaurants & Food Vendors -

Pita Cafe (Vegetarian Friendly/Mediterranean), 6585 Commerce Blvd, (707) 588-9522 (www.pitacafe.net)
Shangri La Cafe & Grill (Vegan Friendly/Himalayan), 1706 E Cotati Ave, (707) 793-0300

Sacramento

Restaurants & Food Vendors -

Andy Nguyen's (Vegetarian/Vietnamese), 2007 Broadway, (916) 736-1157
Au Lac Veggie (Vegetarian/Asian (other)), 3500 Stockton Blvd, (916) 451-6842
Loving Hut (Vegan/Vietnamese), 3500 Stockton Boulevard, (916) 451-6842 (lovinghut.us)
Noble Vegetarian (Vegetarian/Vietnamese), 5049 College Oak Dr Ste A, (916) 334-6060 (www.noblevegetarian.com)
Sugar Plum Vegan Cafe (Vegan/Cafe), 2315 K Street, (916) 706-3302 (www.sugarplumvegan.com)

Food Stores -

Sacramento Natural Foods Co-Op, 1900 Alhambra Blvd, (916) 455-2667 (www.sacfoodcoop.com)

Retail Stores -

SK Publishing/Alternative Publishing Company, 2464 Marconi Ave., (916) 488-4150 (www.sunkingpublishing.com)

San Anselmo

Restaurants & Food Vendors -

Orchid Thai (Vegetarian Friendly/Thai), 726 San Anselmo Ave, (415) 457-9470

Publications -

Common Ground, 305 San Anselmo Ave., Suite 313, (415) 459-4900 (commongroundmag.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

San Carlos

Restaurants & Food Vendors -

Saffron Indian Bistro (Vegetarian Friendly/Indian), 1143 San Carlos Avenue, (650) 593-4269
(www.SaffronIndianBistro.com)

Food Stores -

Nature's Cupboard-Whole Life, 744 Laurel St, (650) 593-7927
Trader Joe's, 1482 El Camino Real, (650) 594-2138 (traderjoes.com)

San Francisco

Restaurants & Food Vendors -

Al-Masari Egyptian Cuisine (Vegan Friendly/Middle Eastern), 4031 Balboa St, (415) 876-2300 (www.almasrifca.com)
Ali Baba's Cave (Vegetarian Friendly/Middle Eastern), 799 Valencia Street, (415) 863-3054
Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 216 King Street, (415) 546-6666
(www.amicis.com/location_details.asp?id=7&d=San%20Francisco)
Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 2200 Lombard Street, (415) 885-4500
(www.amicis.com/location_details.asp?id=6&d=San%20Francisco)
Ananda Fuara (Vegetarian/Californian), 1298 Market St, (415) 621-1994 (www.anandafuara.com)
Arabi (Vegan Friendly/Middle Eastern), 101 Spear St # 222, (415) 243-8575
Atlas Cafe (Vegan Friendly/Californian), 3049 20th St., (415) 648-1047 (www.atlascafe.net)
Axum Cafe (Vegetarian Friendly/Ethiopian), 698 Haight St, (415) 252-7912 (www.axumcafe.com)
Azteca (Vegetarian Friendly/Mexican), 235 Church St, (415) 255-7330
Bamboo Restaurant (Vegetarian Friendly/Chinese), 1441 Polk Street, (415) 775-3679
Bangkok 16 (Vegan Friendly/Thai), 3214 16th St, (415) 431-5838
Bangkok 900 (Vegan Friendly/Thai), 900 Stanyan Street, (415) 665-5333
Beach Burrito (Vegan Friendly/Californian), 3914 Judah St, (415) 731-2004
Big Lantern Dim Sum (Vegetarian Friendly/Dim Sum), 3170 16th Street, (415) 863-8100 (www.biglantern.com)
Bombay Indian (Vegetarian Friendly/Indian), 2217 Market St, (415) 861-6655 (www.bombayindian.com)
Boogaloos (Vegetarian Friendly/Californian), 3296 22nd Street, (415) 824-4088
Borobudur Restaurant (Vegetarian Friendly/Indonesian), 700 Post St, (415) 775-1512
Boxed Foods Company (Vegetarian Friendly/Deli/Sandwich), 245 Kearny St., (415) 981-9376
(www.boxedfoodscompany.com)
Bur Eat Os (Vegetarian Friendly/Mexican), 545 Sansome St, (415) 362-1384
Burma Super Star (Vegetarian Friendly/Burmese), 309 Clement St., (415) 387-2147 (www.burmasuperstar.com)
Cafe Ethiopia (Vegetarian Friendly/Ethiopian), 878 Valencia St, (415) 285-2728
Cafe Gratitude (Vegan/Raw), 2400 Harrison Street, (415) 824-4652 (www.cafegratitude.com)
Cafe Venue (Vegan Friendly/Californian), 70 Leidesdorff Street, (415) 576-1144 (www.cafevenue.com)
Cafe Venue (Vegan Friendly/Californian), 218 Montgomery St., (415) 989-1144 (www.cafevenue.com)
Canto do Brasil (Vegan Friendly/Brazilian), 41 Franklin Street, (415) 626 - 8727
Casa Mexicana (Vegetarian Friendly/Mexican), 3917 24th St, (415) 648-0477
Cha-Ya (Vegan/Japanese/Sushi), 762 Valencia St, (415) 252-7825
Chaat Cafe (Vegan Friendly/Indian), 320 3rd Street, (415) 979-9946 (www.chaatcafes.com)
Chai-Yo (Vegan Friendly/Thai), 1331 Polk Street, (415) 771-2562
Cheung Yuen Dim Sum (Vegan Friendly/Chinese), 648 Pacific Ave, (415) 834-1890
Chow (Vegetarian Friendly/Eclectic/Fusion), 215 Church St., (415) 552-2469

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Club Waziema (Vegan Friendly/Ethiopian), 543 Divisadero St, (415) 346-6641 (www.clubwaziema.com)
Core Elations (Vegan/Raw), One Ferry Building, (831) 262-1928
Crepevine (Vegetarian Friendly/Californian), 624 Irving St, (415) 681-5858
Crepevine (Vegetarian Friendly/Californian), 216 Church St, (415) 431-4646
Daily Health (Vegetarian/Deli/Sandwich), 1235 9th Ave., (415) 681-7675
Dinosaurs (Vegan Friendly/Vietnamese), 16th Street at Prosper, (www.yelp.com/biz/dinosaurs-san-francisco)
Dolores Park Cafe (Vegan Friendly/Californian), 501 Dolores St., (415) 621-2936 (www.doloresparkcafe.org)
Donna's Tamales (Vegetarian/Mexican), Ferry Building, (415) 456-2191 (www.donnastamales.com)
Dosa (Vegan Friendly/Indian), 995 Valencia Street, (415) 642-3672 (www.dosasf.com)
Dusit Thai Restaurant (Vegan Friendly/Thai), 3221 Mission Street, (415) 826-4639
El Metate (Vegan Friendly/Mexican), 2406 Bryant St., (415) 641-7209
Enjoy Vegetarian (Vegetarian/Chinese), 754 Kirkham Street, (415) 682-0826 (enjoyveggie.com)
Enjoy Vegetarian (Vegetarian/Chinese), 839 Kearny St, (415) 956-7868 (enjoyveggie.com)
Fattoush (Vegetarian Friendly/Mediterranean), 1361 Church St, (415) 641-0678 (fattoush.com)
Firefly Restaurant (Vegan Friendly/Californian), 4288 24th St, (415) 821-7652 (www.fireflyrestaurant.com)
Gelateria Naia (Vegetarian/Bakery/Dessert), 451 Castro St, (415) 864-6670
Gelateria Naia (Vegan Friendly/Cafe), 520 Columbus Ave, (415) 677-9280 (www.gelateriaia.com)
Golden Buddha (Vegetarian/Vietnamese), 832 Clement St, (415) 668-4888
Golden Era (Vegan/Vietnamese), 572 O'Farrell St, (415) 673-3136 (www.goldeneravegetarian.com)
Gracias Madre (Vegan/Mexican), 2211 Mission Street, (415) 683-1346 (www.gracias-madre.com)
Greens Restaurant (Vegetarian/Californian), Fort Mason Bldg A, (415) 771-6222 (greensrestaurant.com)
Hanabi Sushi (Vegan Friendly/Japanese/Sushi), 509 Haight Street, (415) 621-1500
Harvest and Rowe (Vegan Friendly/Deli/Sandwich), 55 2nd Street, (415) 541-7771 (www.harvestandrowe.com)
Harvest Urban Market (Vegan Friendly/Deli/Sandwich), 191 8th Street, (415) 621-1000 (www.harvesturban.com)
Herbivore (Vegan/Californian), 983 Valencia St, (415) 826-5657 (www.herbivorerestaurant.com)
Herbivore (Vegan/Californian), 531 Divisadero St, (415) 885-7133 (www.herbivorerestaurant.com)
Holy Gelato (Vegetarian/Bakery/Dessert), 1392 9th Ave, (415) 681-3061 (www.holygelato.com)
Hotel Utah Saloon (Vegan Friendly/Californian), 500 4th Street, (415) 546-6300 (www.thehotelutahsaloon.com)
Ike's (Vegan Friendly/Deli/Sandwich), 3506 16th St., (415) 726-5292
Jasmine Tea House (Vegan Friendly/Chinese), 3253 Mission St, (415) 826-6288 (www.jasmineteahouse.com)
Jay's Cheesesteak (Vegan Friendly/Deli/Sandwich), 3285 21st Street, (415) 285-5200
Jay's Cheesesteak (Vegetarian Friendly/Deli/Sandwich), 553 Divisadero St, (415) 771-5104
Judahlicious (Vegetarian/Cafe), 3906 Judah St., (415) 665-8423 (www.judahlicious.com)
Kathmandu Cafe (Vegetarian Friendly/Nepalese), 1279 Fulton Street, (415) 567-5100 (kathmanducafe.wp.net)
La Copa Loca (Vegan Friendly/Bakery/Dessert), 3150 22nd St, (415) 401-7424 (www.lacopalocagelato.com)
La Mediterranee (Vegetarian Friendly/Mediterranean), 288 Noe St, (415) 431-7210
La Tortilla (Vegetarian Friendly/Mexican), 495 Castro St, (415) 861-3990
Lhasa Moon (Vegetarian Friendly/Tibetan), 2420 Lombard St, (415) 674-9898 (www.lhasamoon.com)
Lightening Foods (Vegetarian Friendly/Californian), 98 Mission St, (415) 777-8222
Little Chihuahua (Vegan Friendly/Mexican), 292 Divisadero St, (thelittlechihuahua.com)
Little Nepal (Vegan Friendly/Nepalese), 925 Cortland Ave, (415) 643-3381
Love N Haight (Vegan Friendly/Deli/Sandwich), 553 Haight Street, (415) 252-8190
Loving Hut (Vegan), 1365 Stockton St., (415) 362-2199 (www.lovinghut.us)
Loving Hut (Vegan/Vietnamese), 845 Market Street, (415) 975-3888 (lovinghut.us/sf_westfield)
Loving Hut (Vegan/Vietnamese), 524 Irving St, (415) 731-1957 (www.lovinghut.us)
Lucky Creation (Vegetarian/Chinese), 854 Washington St, (415) 989-0818
Maharani Restaurant (Vegetarian Friendly/Indian), 1122 Post, (415) 775-1988 (www.maharanirestaurant.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Mandarin Villa (Vegan Friendly/Chinese), Franklin and Oak, (415) 863-2981
Mango Medley (Vegan Friendly/Asian Fusion), 3911 Judah St., (415) 681-3228
Marnee Thai (Vegetarian Friendly/Thai), 1243 9th Avenue, (415) 731-9999
Masala Indian Restaurant (Vegetarian Friendly/Indian), 1220 Ninth Ave, (415) 566-6976
Mijita (Vegetarian Friendly/Mexican), One Ferry Building, (415) 399-0814
(www.ferrybuildingmarketplace.com/html/cafes___restaurants.html#mijita)
Millennium (Vegan/Californian), 580 Geary Street, (415) 345-3900 (www.millenniumrestaurant.com)
Minako Organic Japanese Cuisine (Vegan Friendly/Japanese/Sushi), 2154 Mission St, (415) 864-1888
Mixt Greens (Vegan Friendly/Salad Bar), 120 Sansome Street, (415) 433-6498 (www.mixtgreens.com)
Moki's Sushi and Pacific Grill (Vegan Friendly/Californian), 615 Cortland Ave, (415) 970-9336 (www.mokisushi.com)
Moya Ethiopian Restaurant & Coffeehouse (Vegan Friendly/Ethiopian), 1044 Folsom St., (415) 431-5544
(www.eatmoya.com)
Naan 'n Curry (Vegetarian Friendly/Indian), 533 Jackson St, (415) 693-0499
Neecha Thai (Vegan Friendly/Thai), 2100 Sutter St, (415) 922-9419
New Ganges (Vegetarian/Indian), 775 Frederick St, (415) 681-4355
Nirvana (Vegan Friendly/Asian Fusion), 544 Castro St., (415) 861-2226
Nook Cafe (Vegan Friendly/Cafe), 1500 Hyde St, (415) 447-4100 (www.cafenook.com)
Outerlands (Vegan Friendly/Cafe), 4001 Judah St., (415) 661-6140 (outerlandssf.blogspot.com)
Papalote (Vegan Friendly/Mexican), 3409 24th Street, (415) 970-8815
Peace Cafe (Vegetarian Friendly/Cafe), 1665 Haight Street, (415) 864-1978 (www.redvic.com)
Peasant Pies (Vegan Friendly/Bakery/Dessert), 1039 Irving St, (415) 731-1978 (www.peasantpies.com)
Peasant Pies (Vegan Friendly/Bakery/Dessert), 4108 24th St, (415) 642-1316 (www.peasantpies.com)
Pepples Donuts (Vegan/Bakery/Dessert), 1 Ferry Building, (www.pepplesdonuts.com)
Phuket Thai (Vegetarian Friendly/Thai), 248 Divisadero St., (415) 864-8584
Pizza Orgasmica (Vegan Friendly/Pizza), 3157 Fillmore St, (415) 931-5300 (www.pizzaorgasmica.com)
Pizza Orgasmica (Vegan Friendly/Pizza), 823 Clement St, (415) 386-6000
Powersource Juice Bar (Vegan Friendly/Juice Bar), 81 Fremont Street, (415) 896-1312
Ramblas Tapas Bar (Vegan Friendly/Tapas/Small Plates), 557 Valencia St., (415) 565-0207 (www.ramblastapas.com)
Ritual Coffee Roasters (Vegan Friendly/Cafe), 1026 Valencia Street, (415) 641-1024 (ritualroasters.com)
Saha (Vegetarian Friendly/Mediterranean), 1075 Sutter St, (415) 345-9547 (www.sahasf.com)
Samovar Tea Lounge (Vegan Friendly/Eclectic/Fusion), 498 Sanchez St, (415) 626-4700 (www.samovartea.com)
San Francisco Soup Company (Vegan Friendly/Californian), 201 Mission Street, (415) 278-9878 (www.sfsoupco.com)
Shangri-La (Vegetarian/Chinese), 2026 Irving Street, (415) 731-2548
Soluna (Vegan Friendly/Californian), 272 McAllister St., (415) 621-2200 (www.solunasf.com)
Source (Vegetarian/Californian), 11 Division Street, (415) 864-9000 (www.source-sf.com)
Sparky's (Vegan Friendly/Californian), 242 Church St, (415) 626-8666
Spicy Bite (Vegan Friendly/Indian), 3501 Mission Street, (415) 647-4036 (spicy-bite.com)
St. Francis Fountain (Vegan Friendly/Deli/Sandwich), 2801 24th Street, (415) 826-4200 (www.stfrancisfountainsf.com)
Sun Rise Restaurant (Vegan Friendly/Mexican), 3126 24th Street, (415) 206-1219
Sunrise Deli (Vegan Friendly/Middle Eastern), 2115 Irving St, (415) 664-8210
Suppenkuche (Vegan Friendly/German), 525 Laguna St, (415) 252-9289 (www.suppenkuche.com)
Taco Los Altos (Vegan Friendly/Mexican), 737 Cortland Street, (415) 821-0701
Taste of the Himalayas (Vegan Friendly/Nepalese), 2420 Lombard Street, (415) 674-9898
Thai House Express (Vegan Friendly/Thai), 901 Larkin St., (415) 441-2248 (www.thhexpress.com)
Thai Idea Vegetarian (Vegetarian/Thai), 710 Polk Street, (415) 440-8344 (www.thaiideaveggie.com)
Thai Place II (Vegan Friendly/Thai), 312 Divisadero St, (415) 552-6881
Thailand Restaurant (Vegetarian Friendly/Thai), 438A Castro St, (415) 863-6868

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

The Pizza Place on Noriega (Vegan Friendly/Pizza), 3901 Noriega St, (415) 759-5752 (www.pizzaplacesf.com)
The Plant Cafe Organic (Vegan Friendly), 3352 Steiner Street, (415) 931-2777 (www.theplantcafe.com)
The Plant Cafe Organic (Vegan Friendly), Pier 3, Suite 108, The Embarcadero, (415) 984-1973 (theplantcafe.com)
The Plant Cafe Organic (Vegan Friendly/Californian), 101 California St, (415) 693-9730 (www.theplantcafe.com)
Tokyo Express (Vegan Friendly/Japanese/Sushi), 160 Spear Street, (415) 348 1732 (sftokyoexpress.com)
Tokyo Express (Vegan Friendly/Japanese/Sushi), 660 Sacramento Street, (415) 956 3040 (sftokyoexpress.com)
Tricolore Cafe & Pizzarea (Vegan Friendly/Italian), 590 Washington St, (415) 391-0509 (www.tricoloresf.com)
Udupi Palace (Vegetarian/Indian), 1007 Valencia St, (415) 970-8000 (www.udupipalaceca.com)
Valentina Ristorante (Vegan Friendly/Italian), 419 Cortland Ave, (415) 285-6000
Weird Fish (Vegan Friendly), 2193 Mission Street, (415) 863-4744 (www.weirdfishsf.com)
Wholesome Bakery (Vegan/Bakery/Dessert), 331 Cortland Avenue, (415) 343-5414 (www.wholesomebakery.com)
Wild Pepper Chinese Restaurant (Vegan Friendly/Chinese), 3601 26th St, (415) 695-7678 (WildPepperSF.com)
Yumma's Mediterranean Grill (Vegan Friendly/Mediterranean), 721 Irving St, (415) 682-0762
Zante's Pizza & Indian Food (Vegetarian Friendly/Indian), 3489 Mission St., (415) 821-3949 (www.zantespizza.com)

Food Stores -

Buffalo Whole Food & Grain Co, 598 Castro St, (415) 626-7038 (buffalowholefoods.com)
Good Life Grocery, 448 Cortland Ave, (415) 648-3221
Green Earth Natural Foods, 860 Divisadero St, (415) 922-6418
Haight Fillmore Whole Foods, 501 Haight St, (415) 552-6077
Haight Street Market, 1530 Haight, (415) 255-0644
Harvest Ranch Market, 2285 Market St, (415) 626-0805
Other Avenues, 3930 Judah St, (415) 661-7475 (otheravenues.coop)
Rainbow Grocery, 1745 Folsom St, (415) 863-0621 (www.rainbowgrocery.org)
Real Food Company, 2141 Polk St., (415) 673-7420
Real Food Company, 3060 Fillmore St, (415) 567-6900
Taravel Produce Market, 1215 Taraval St, (415) 664-7388
Thoms Natural, 5843 Geary Blvd, (415) 387-6367
Trader Joe's, 3 Masonic Ave, (415) 346-9964 (www.traderjoes.com)
Trader Joe's, 555 Ninth St., (415) 863-1292 (www.traderjoes.com)
Trader Joe's, 401 Bay Street, (415) 351-1013 (traderjoes.com)
Valencia Whole Foods, 999 Valencia St, (415) 285-0231
Village Market, 4555 California St, (415) 221-0445
Whole Foods Market, 1765 California St, (415) 674-0500
Whole Foods Market, 399 4th Street, (415) 618-0066 (wholefoods.com/stores/list_CA-n.html)
Whole Foods Market, 3950 24th St, (415) 282-4700 (www.wholefoodsmarket.com)
Whole Foods Market, 450 Rhode Island St, (415) 552-1155 (www.wholefoodsmarket.com)

Farmers Markets -

Alemanys Farmers' Market, 100 Alemany Blvd, (415) 647-9423
Ferry Plaza Farmers Market, One Ferry Building, (415) 291-3276 (www.ferrybuildingmarketplace.com)
Noe Valley Farmers' Market, 24th Street, (415) 248-1332 (www.noevalleyfarmersmarket.com)
The Cannery Farmers Market, 2801 Leavenworth Street, (415) 771-3112 (www.delmontesquare.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Retail Stores -

Little Otsu Publishing, 849 Valencia St, (415) 255-7900 (littleotsu.com)

Services -

Acupuncture & Bodywork, Laurie Terzo, 870 Market St., Suite 1117, (415) 362-4600 (www.integrativemedicinesf.com)

Bill's Dogwalking Service, 2930 25th Street, (415) 368-6502

Bonnie Knight Piano Studio, Located on Great Highway, see email below

Botanical Nutrition Consulting, , (415) 407-8623 (www.botanicalnutrition.com)

David Pressman, Patent Attorney, 1070 Green St #1402, (415) 776-3960 (www.PatentItYourself.com)

Dr. Michael R. Edelstein, Clinical Psychologist, Opera Plaza, 601 Van Ness Ave., (415) 673-2848
(www.ThreeMinuteTherapy.com)

Gayatri Institute and Healing Arts, Haight St, (415) 861-6250 (www.gayatrihealing.com)

Inbloom Foods, , (415) 482 9727 (www.inbloomfoods.com)

Kim Flournoy Website Development, , (415) 235-2986 (www.kimflournoy.com)

Law Office of Miller and Miller, 1390 Market Street, #1204, (415) 522-0500

MaggieMudd, , (415) 641-5291 (www.maggiemudd.com)

Massage For Life, 1169 Howard, (415) 310-9248 (www.masseur-sf.com)

Mat Thomas - vegan writer/editor, , (415) 386-3728 (www.animalrighter.org)

O'Grady Law Group, 50 California Street, 35th Floor, (415) 986-8500 (www.ogradylaw.com)

Stacy, Belly Dancing, 2983 Folsom St, (415) 254-4763 (www.littleepiphany.com/dance.htm)

Sugar Beat Sweets, , (415) 834-5950 (www.sugarbeatsweets.com)

SunLight Yoga, , (415) 939 9642 (www.sunlightyoga.com)

The Animal Law Office, 2404 California St #4, (415) 297-3109 (www.animalattorney.com)

Therapeutic Massage for Health & Well-Being, Folsom St., (415) 254-4763 (www.LittleEpiphany.com/massage.htm)

Violet Sweet Shoppe, , (916) 201-8230 (violetsweetshoppe.com)

WorkLife Management, , (415) 383-7949 (www.worklifemanagement.org)

Publications -

VegNews Magazine, PO Box 320130, (415) 665-NEWS (www.vegnews.com)

Catering Companies -

Earthen Feast Personal Chef and Catering Services, , (415) 317-2005 (www.earthenfeast.com)

Jesse Miner - Vegan Personal Chef, , (650) 274-8089 (www.chefjesseminer.com)

No Bones, 81 9th St., (415) 828-1261

Shanta's Vegetarian Ethnic Kitchen, , (415) 682-9104 (www.nimbarka.org)

San Jose

Restaurants & Food Vendors -

Amarin Thai Cuisine (Vegetarian Friendly/Thai), 5235 Prospect Rd, (408) 253-8424 (www.amarinthaicuisine.com)

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 225 W. Santa Clara St, (408) 289-9000
(www.amicis.com/location_details.asp?id=8&d=San%20Jose)

Blue Mango (Vegan Friendly/Thai), 4996 Stevens Creek Blvd., (408) 248-7191 (www.bluemangocuisine.com)

Blue Mango (Vegan Friendly/Thai), 635 Coleman Ave, (408) 885-9222 (www.bluemangocuisine.com)

Casa Vicki (Vegetarian Friendly/Mexican), 792 E. Julian, (408) 995-5488 (www.casavicky.com)

Di Lac (Vegetarian/Vietnamese), 1644 E Capitol Expy, (408) 238-8686 (www.dilac.com)

Gojo Ethiopian Restaurant (Vegan Friendly/Ethiopian), 1261 W. San Carlos Street, (408) 295-9546 (www.gojobet.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Good Karma (Vegan/Deli/Sandwich), 37 S. 1st Street, (408) 294-2694
Hobee's (Vegetarian Friendly/Californian), 680 River Oaks Plaza, Suite P, (408) 232-0190 (www.hobees.com)
Kokila's Kitchen (Vegetarian/Indian), 1427 Branham Lane, (408) 777-8198 (www.kokilaskitchenonline.com)
Loving Hut (Vegan/Vietnamese), 925 Blossom Hill Road, (408) 229-2795 (www.lovinghut.us)
Pho Bac So 1 (Vegan Friendly/Vietnamese), 1092 North First St, (408) 297-1102
Royal Greens (Vegetarian/Chinese), 1071 S De Anza Blvd., (408) 863-0707 (www.RoyalGreensVeggie.com)
Sogo Tofu (Vegetarian/Chinese), 1610 S De Anza Blvd, (408) 517-8958
Thai White Rock Cafe (Vegetarian Friendly/Thai), 3116 Alum Rock Ave., (408) 729-4843
The Happy Bamboo (Vegan/Vietnamese), 1711 Branham Lane, Suite A9, (408) 694-0740 (www.happybamboo.com)
Tofoo Com Chay (Vegan/Deli/Sandwich), 388 E Santa Clara St, (408) 286-6335
Vegetarian House (Vegan/Vietnamese), 520 E Santa Clara St, (408) 292-3798 (vegetarianhouse.us)
Zeni Ethiopian Restaurant (Vegetarian Friendly/Ethiopian), 1320 Saratoga Ave, (408) 615-8282 (zenirestaurant.com)

Food Stores -

Trader Joe's, 5269 Prospect Road, (408) 446-5055 (traderjoes.com)
Trader Joe's, 5353 Almaden Expressway, (408) 927-909 (traderjoes.com)
Trader Joe's, 635 Coleman Ave, (408) 298-9731 (traderjoes.com)

Services -

AboutFace - Results Oriented Skin Care, 1314 Lincoln Ave. Ste 1F, (408) 288-6300
Black Belt Bakery, 1072 S. DeAnza Blvd. Suite A107-17, (408) 624-6613 (blackbeltbakery.com)
Clean Rooter & Plumbing, 2305 Cherrystone Dr, (408) 802-9623 (cleanrooterandplumbing.net)
Dipti's Kitchen, 5392 Southbridge Pl, (408) 440-2626 (www.diptiskitchen.com)

San Mateo

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 69 E 3rd Avenue, (650) 373-3440
(www.amicis.com/location_details.asp?id=9&d=San%20Mateo)
Dakshin Indian Restaurant (Vegan Friendly/Indian), 2299 South El Camino Real, (650) 345-4366
(www.dakshinindianrestaurant.com)
Dali Tapas Bar & Restaurant (Vegan Friendly/Spanish), 129 South B Street, (650) 343-2111 (www.sdalirestaurant.com)
Myung Dong Tofu Cabin (Vegetarian Friendly/Korean), 2968 S Norfolk St, (650) 525-1484 (www.tofucabin.com)
Pancho Villa Taqueria (Vegan Friendly/Mexican), 365 B Street, (650) 343-4123 (panchovilla.citysearch.com)
Saigon City Vietnamese Restaurant (Vegetarian Friendly/Vietnamese), 418 3rd Avenue, (650) 340-8878
(www.222.to/saigoncity/menu.asp)
Uncle Chen (Vegetarian Friendly/Chinese), 40 42nd Ave, (650) 572-7989

Food Stores -

Trader Joe's, 1820 Grant St, (650) 570-6140 (traderjoes.com)
Whole Foods Market, 1010 Park Pl, (650) 358-6900 (www.wholefoodsmarket.com/stores/list_CA-n.html)

Services -

Al's Rock of Ages Tattoo Studio, 1923 S El Camino Real Ste A, (650) 573-1920 (www.alsrockofages.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Catering Companies -

Spice by the bay, , (650) 596-9583 (www.spicebythebay.com)

San Rafael

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 1242 4th St, (415) 455-9777

(www.amicis.com/location_details.asp?id=10&d=San%20Rafael)

Aroma Cafe (Vegetarian Friendly/Mediterranean), 1122 4th Street,

Bangkok Thai Express (Vegan Friendly/Thai), 857 Fourth Street, (415) 453-3350 (www.bangkokthaiexpress.com)

Cafe Gratitude (Vegan/Raw), 2200 4th Street, (415) 824-4652 (www.cafegratitude.com)

Lotus Cuisine Of India (Vegetarian Friendly/Indian), 704 4th St, (415) 456-5808 (www.lotusrestaurant.com)

Om South Indian Cuisine (Vegan Friendly/Indian), 1518 Fourth St, (415) 458-1779 (www.omcuisine.com)

Radiance Cuisine at Open Secret Bookstore (Vegetarian/Californian), 923 C Street, (415) 457-4191
(RadianceCuisine.com)

Royal Thai (Vegan Friendly/Thai), 610 3rd St., (415) 485-1074

Sol Food (Vegan Friendly/Puerto Rican), 732 Fourth Street, (415) 451-4765 (www.solfoodrestaurant.com)

Sol Food (Vegan Friendly/Puerto Rican), 901 Lincoln Ave, (415) 256-8900 (www.solfoodrestaurant.com/menu.html)

Food Stores -

NatuRAW, 851 Irwin Street, Suite 304, 415-456-1719 x 125 (www.naturaw.com)

Trader Joe's, 337 Third Street, (415) 454-9530 (traderjoes.com)

Services -

For The Love of Numbers, , (415) 459-5772 (www.ForTheLoveOfNumbers.com)

Smooch-A-Pooch Pet Sitting, , (415) 459-5772 (www.geocities.com/MarinPetSitter1)

Catering Companies -

Hannah's Edible Art, , (415) 706-9654 (www.hannahs-edibleart.com)

Peace, Love & Cupcakes, 316 Jewell Street, (914)325-7955 (www.peaceloveandcupcakes.com)

San Ramon

Food Stores -

Whole Foods Market, 100 Sunset Dr, (925) 355-9000 (www.wholefoodsmarket.com/stores/list_CA-n.html)

Catering Companies -

Neemos Veegie Delight, Browntail Way, (925) 984-2603 (neemos.com)

Santa Clara

Restaurants & Food Vendors -

Amarin Thai Cuisine (Vegan Friendly/Thai), 4300 Great America Parkway #180, (408) 988-2982

(www.amarinthaicuisine.com)

Bangalore Cafe (Vegetarian/Indian), 3077 El Camino Real, (408) 984-6601 (bangalorecafe.net/index.html)

Dasaprakash (Vegetarian/Indian), 2636 Homestead Rd., (408) 246-8292 (www.dasaprakash.com)

Deedee's Indian Fast Food (Vegetarian/Indian), 341 Lafayette St Ste 101, (650) 967-0568

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Dosa Place (Vegetarian/Indian), 2665 El Camino Real, (408) 243-3672

Empress Of India (Vegetarian Friendly/Indian), 3426 El Camino Real, (408) 296-0717

Santa Cruz

Restaurants & Food Vendors -

Alfresco (Vegetarian/Californian), 1520 Pacific Ave. K1, (831) 429-1765 (www.alfrescosantacruz.com)

Black China Bakery (Vegan Friendly/Bakery/Dessert), 104 Bronson Street, (831) 457-2068‎

Charlie Hong Kong (Vegan Friendly/Chinese), 1141 Soquel Avenue, (831) 426-5664 (www.charliehongkong.com)

Falafel of Santa Cruz (Vegan Friendly/Middle Eastern), 1501 Mission Street, (831) 459-0486

Hula's Island Grill and Tiki Room (Vegan Friendly/Cuban/Caribbean), 221 Cathcart Street, (831) 426-4852 (www.hulastiki.com)

Little Shanghai Chinese Restaurant (Vegan Friendly/Chinese), 1010 Cedar Street, (831) 458-2460 (www.littleshanghai.com)

Malabar Cafe (Vegetarian/SriLankan), 514 Front Street, (831) 458-3023

Pearl of the Ocean (Vegan Friendly/SriLankan), 736 Water Street, (831) 457-2350 (www.pearloftheocean.net)

Saturn Cafe (Vegetarian/Californian), 145 Laurel St, (831) 429-8505 (www.saturncafe.com)

The Bagelry (Vegan Friendly), 320 Cedar St., (831) 429-8049

Food Stores -

Food Bin, 1130 Mission St, (831) 423-5526

New Leaf Market, 1134 Pacific Ave, (831) 425-5323 (www.newleaf.com)

New Leaf Market, 2351 Mission St, (831) 426-1306 (www.newleaf.com)

Staff Of Life, 1305 Water St., (831) 423-8632

Trader Joe's, 700 Front St, (831) 425-0140 (traderjoes.com)

Services -

First Primus Mortgage, 1414 Soquel Avenue, Suite 212, (831) 515-5651 (www.FirstPrimus.com)

Vegan Cooking and Nutrition with Radha Vignola, MA & CNC, , (831) 427-3211 (members.cruzio.com/~radha)

Youth Empowered Action Camp, , (www.yeacamp.org)

Santa Rosa

Restaurants & Food Vendors -

East West Cafe (Vegan Friendly/Californian), 557 Summerfield Road, (707) 546-6142 (www.eastwestcafesantarosa.com)

Govindas (Vegetarian/Indian), 1899 Mendocino Ave, (707) 544-2491

The Garden Vegetarian Cuisine and Bakery (Vegan), 90 Mark West Springs Road #150, (707) 528-1410 (www.thegardenvegetarian.com)

Food Stores -

Trader Joe's, 3225 Cleveland Ave, (707) 525-1406 (traderjoes.com)

Trader Joe's, 2100 Santa Rosa Ave, (707) 535-0788 (traderjoes.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Sebastopol

Restaurants & Food Vendors -

Slice Of Life (Vegetarian/Californian), 6970 Mckinley Ave, (707) 829-6627 (www.thesliceoflife.com)

Food Stores -

Whole Foods Market, 6910 Mckinley Ave, (707) 829-9801

Services -

Organize in Harmony, , (707) 823-3479 (www.organizeinharmony.blogspot.com)

Catering Companies -

Whole Gourmet Personal Chef, PO Box 1002, (707) 829-2789 (www.wholegourmet.com)

Sierraville

Lodging -

Sierra Hot Springs and Globe Hotel, Campbell Hot Springs Road, 530-994-3773 (www.sierrahotsprings.org)

Sonoma

Animal Sanctuaries -

BrightHaven, 19229 Sonoma Highway, (707) 578-4800 (www.brighthaven.org)

Soquel

Catering Companies -

Convergence Catering, 2551 South Rodeo Gulch suite 2, (831) 469-4643 (www.convergencefoods.com)

South San Francisco

Food Stores -

Trader Joe's, 301 McLellan Dr, (650) 583-640 (traderjoes.com)

Services -

Planet Organics, 405 Victory Ave. Unit D, (800) 956-5855 (www.planetorganics.com)

The FruitGuys, 405 Victory Ave., Unit D, (650) 246-1200 (www.fruitguys.com)

St Helena

Services -

Olive Tree Organic , , (732) 241-7895 (olivetreeorganic.com/Olive_Tree_Organic.html)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Stockton

Animal Sanctuaries -

Harvest Home Animal Sanctuary, 14741 Wing Levee Road, (209) 465-2985 (www.harvesthomeanimal.org)

Sunnyvale

Restaurants & Food Vendors -

Annapurna Snacks (Vegetarian/Indian), 1112 Elko Drive, (408) 745-1373

Bhavika's Food To Go (Vegan/Indian), 1053 E El Camino Real # 8, (408) 243-2118

Chaat House (Vegetarian/Indian), 939 W El Camino Real, (408) 733-1111

Chaat India Cuisine (Vegetarian/Indian), 1082 E El Camino Real, (408) 246-6000 (www.indiachaatcuisine.com)

Great Vegi Land (Vegan/Chinese), 562 S Murphy Ave, (408) 735-8040

Hobee's (Vegetarian Friendly/Californian), 800 Ahwanee Ave., (408) 524-3580 (www.hobees.com)

Komala Vilas (Vegetarian/Indian), 1020 E. El Camino Real, (408) 733-7400 (www.komalavilas.com)

Madras Cafe (Vegetarian/Indian), 1177 W El Camino Real, (408) 737-2323 (www.madrascafe.us)

Madura (Vegetarian/Indian), 1635 Hollenbeck Ave, (408) 245-2111 (www.maduraindiancuisine.com)

Merit Vegetarian (Vegan/Vietnamese), 548 Lawrence Expressway #2, (408) 245-8988 (www.meritvegetarian.com)

Panchavati (Vegetarian/Indian), 460 Persian Dr # 2, (408) 734-9335

Saravana Bhavan (Vegetarian/Indian), 1305 S. Mary Ave., (408) 616-7755 (www.saravanabhavan.com)

Udupi Palace (Vegetarian/Indian), 976 E El Camino Real, (408) 830-9600 (www.udupipalaceca.com)

Food Stores -

Trader Joe's, 727 Sunnyvale Saratoga Rd, (408) 481-9082 (traderjoes.com)

Services -

In the Moment Computing, 1030 E. El Camino Real #336, (408) 246-3707 (www.ITMcomputing.com)

Ukiah

Restaurants & Food Vendors -

Jyun Kang Vegetarian Restaurant (Vegetarian/Chinese), 2001 Talmage Road, (707) 463-0939 (www.cttbusa.org/jyunkang/jk.asp)

Vacaville

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 1679 E. Monte Vista Ave, (707) 451-7777 (www.amicis.com/location_details.asp?id=11&d=Vacaville)

Animal Sanctuaries -

Animal Place, , (707) 449-4814 (www.animalplace.org)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Walnut Creek

Food Stores -

Whole Foods Market, 1333 Newell Ave, (925) 274-9700 (www.wholefoodsmarket.com/stores/list_CA-n.html)

Watsonville

Food Stores -

Whole Foods Market, 3 Hangar Way, (831) 722-0545

--- DONATE -----CUT HERE -----

Donations to BAVeg are tax-deductible as allowed by law. We are a non-profit organization/corporation with 501(c)(3) status, funded by donations and volunteer support.

YES! I want to help support and promote vegetarianism in the San Francisco Bay Area. Please check all that apply.

Enclosed is my donation to support Bay Area Vegetarians and their education and outreach programs.

\$5 \$10 \$25 \$50 \$100 Other

You may publically acknowledge my donation on your website

Please make checks payable to Bay Area Vegetarians. Additionally, you may send a donation using a credit card via PayPal www.bayareaveg.org/donate.htm

Yes, please contact me about volunteering (email address requested)

Yes, I'd like to subscribe to the monthly BAV News (email address required)

Name: _____

Address: _____ City: _____

Email: _____ Phone number (optional): _____

100% of your donation goes toward planting the seeds of compassion and good health in the Bay Area and beyond!

Please return to: Bay Area Vegetarians, P.O. Box 371215, Montara, CA 94037