

FREE
MEMBERSHIP



- **Support / Connect Local Community**
Five email lists for events, news, discussion and more
- **Monthly Vegan Food Parties**
Encourage good vegan cooking - make friends
- **Monthly Restaurant Dinners**
Share food & fellowship
- **Monthly Advocacy Events**
We support national and local campaigns
- **Veggie Mentor Program**
For new, aspiring & lapsed vegetarians
- **Compassionate Living Program**
Monthly educational program about vegetarianism
- **Local Vegetarian Guide**
Over 400 veggie businesses and 800 reviews

www.bayareaveg.org

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